

2010 Squeeze & Jump Start

– Revised Schedule for Wednesday.....

7:15 Polar Dip

7:45 Early Breakfast (WAKE UP!)

8:20 Prayer and Breakfast

9:15 PRIME TIME!!! In the Gym

10:45 Period One/Cabin Leader Training

12:00 Cabin Clean Up & Swim

12:15 Early Lunch

1:00 Lunch

1:45 Rest Hour/Tuck & Staff Meeting at Bell Hill

2:45 Period Two

4:00 Swim

4:30 Early Supper

5:15 Supper

6:00 Evening Events!! And Swim

7:30 Snack/Tuck Sheets/Story

9:00 Lights Out & Quiet

9:00 The River: CREW, ILT & Staff

9:30 Staff Crew and ILT Snack